

A BRIEF REPORT OF THE COLLEGE WEEK – 2024

The Sport & Cultural Committee in association with the Students Council of the Nongstoin College is very much privilege to have been entrusted once again in organizing the Annual College Week 2024 with the **Theme: “Quest for Excellence”** held between on 29th April– 04th May 2024. The College Week this year is being held with over 29 various events for all students- boys and girls. Events are classified into four categories. This are- **(A) Outdoor Events:** **(B) Indoor Events:** Carom board, Chess, are some of the various events under this category. **(C) Literary and Creativity Competition:** **(D) Cultural and Contemporary Events:** These various competitions are being held based on the Class-wise system divided into four groups; the B.A 6th Semester, Combined group of Science and Commerce Streams, B.A. 4th Semester and the B.A. 2nd Semester.

This week long programmed begins with the Marathon Race **started** on 29th April 2024 at 5:30 A.M from Anderson Higher Secondary School Upper New Nongstoin to the College, a distance of around 5Km. A total of 75 numbers of students - 45 males and 30 female participated in the Marathon, The opening ceremony commenced on 29th April 2024, at 10:00 A.M where Dr (Mrs) I.Mawthoh, Principal of Nongstoin College kicked off the opening ceremony by hoisting the college week flag. Follow this, she made a short motivating speech to the students, urging them to showcase their talents by participating in sports and cultural events. All the students and teachers were present during the Inauguration ceremony.


Numerous sports and cultural events were held throughout the weeklong celebrations, organized by the Nongstoin College under the guidance of the teachers in charge of Games and Sports, Shri W.Syiemlieh, Shri S. Rynjah, Shri T. Mawlieh, Shri B.Sanglyne and Dr. C.Thabah.

Finally on 04th May 2024, we have arrive to the Closing Ceremony and it is indeed an immense pleasure to have in our midst our Honourable Chief Guest, Shri M.Challam, ADC West Khasi Hills District, Nongstoin, in the present of Dr (Mrs) I.Mawthoh Principal Nongstoin College, Shri P.L Marwein Vice Principal Nongstoin college, Teaching Staff and Non Teaching Staff of the Nongstoin College along with students from all stream i.e Arts. Science and Commerce. All the winners competitors were awarded medals and trophies at the valedictory prize distribution ceremony.

Thank You.


W.Syiemlieh
Secretary

Sports & Cultural - Nongstoin College


Principal
Nongstoin College
Nongstoin

LIST OF PARTICIPANTS AND WINNERS

Chess

1	Apprecia Nongsiej
2	Kerry John Syiemlieh
3	Kynjai halari Thabah
4	Yanky Mawlieh
5	Denius R. sangma
6	Markynsai Shyrkon
7	Mekit kyrpang Pariong
8	Joash S Marak
9	Greeting Bonnson
10	Pibanius Khardewsaw
11	Lipstone Diengngan
12	Silas Mawnai
13	Eric Nathan Rymbai
14	Lamonlin Wanniang
15	Ridahun shisha Sanglyne
16	Enisha Nongkhar

WINNERS: Girls

1st Prize -- Ribahun shisha Sanglyne (science and commerce 4th sem)

2nd Prize-- Kynjai halari Thabah(sc and commerce 2nd sem)

3rd Prize-- Lamonlin Wanniang (sc and commerce 2nd sem)

WINNERS: Boys

1st Prize ----Denius R. Sangma (ba 4th sem)

2nd Prize ----Joash S Marak ba 4th sem

3rd Prize----- Eric Nathan Rymbai (ba 6th sem)

ESSAY		
Sl. No	Name	Class
1	Ribashisha Kharlyngdoh	BA 6 th Sem
2	Habaphilari Kharbani	BA 6 th Sem
3	Skhemwel Wanniang	BA 2 nd Sem
4	Merisha Lyngkhoi	BA 4 th Sem
5	Melinda Diengngan	BA 6 th Sem
6	Endor Wahlang	BA 6 th Sem
7	Badahunshisha Marbaniang	BA 6 th Sem
8	Darilin Sohshang	BA 4 th Sem
9	Morality Iawren	BA 6 th Sem
10	Shandrabos Lyngdoh	BA 4 th Sem
11	Aihunmary Snaitang	BA 6 th Sem
12	Lily Thabah	BA 6 th Sem
13	Shainingstar Lyngdoh	BA 2 nd Sem
14	Phibarisuk Rynshiang	BA 4 th Sem
15	Merli Benette Kurbah	BA 2 nd Sem
16	Rishakordor Kharjahrin	BA 2 nd Sem
17	Jelobi Lyngkhoi	BA 6 th Sem
18	Barisha Syiem	BA 4 th Sem
19	Sunita Nongsiej	BA 4 th Sem
20	Banrihun Sohshang	BA 4 th Sem
21	Albality Marngar	BA 6 th Sem
22	Ibahunlang Tympuin	BA 6 th Sem
23	Bankitlang Syiemlieh	BA 2 nd Sem
24	Prettysha Marngar	BA 6 th Sem

WINNERS

1st Position - Ribashisha Kharlyngdoh (ba 6th)

2nd Position - Skhemwel Wanniang & Habaphilari Kharbani (ba 2nd and 6th sem

3rd Position - Merisha Lyngkhoi (b.a 4th)

Debate Competition:

- 1.Apprecia Nongsiej
- 2.Raplang Syiemlieh
- 3.Medonryngkat Nongsiej
- 4.Shembhalang K. Syntiew

Winners:

1st position-- Medonryngkat Nongsiej (ba 4th)

2nd Position-- Apprecia Nongsiej (science and comm. 4th sem.)

3rd Position--- Shembhalang K. Syntiew(sc and comm 6th sem)

Poetry Writing (Khasi & English)

1. Aibadalin Jyrwa
2. Ibapdianghun Nongrum
3. Skhemborlang Mawsor
4. Warningstar Wanniang
5. Yanky Mawlieh
6. Donbokstar Puwein
7. Rusel Kynshikhar
8. Shainingstar Kharlyngdoh

9. Ribahunshisha Sanglyne
10. Haphilari Kharbani
11. Baiasuklang Nongshlong
12. Daphishisha Marngar
13. Ribashisha Kharlyngdoh
14. Eric Nathan Rymbai
15. Wandarihun Sanglyne
16. Endor Wahlang
17. Rikena Matyllup
18. Niewkorlang Dkhar
19. Shimtilang Lyngkhoi
20. Ibahunlang Tympuin

Winners:

Khasi Category:

1st Position - Skhemborlang Mawsor (ba 4th)

2nd Position – Donbokstar Puwein (ba 4th)

3rd Position - Ibadapbianghun Nongrum (ba 4th)

English Category:

1st Position – Shimtilang Lyngkhoi (sc and comm. 6th sem)

2nd Position – Ibahunlang Tympuin (ba 6th sem)

3rd Position – Daphishisha Marngar (ba 4th sem)

Quiz

1. Medonryngkat Nongsiej
2. Donkupar Rani
3. Maitshaphrang Syiemiong
4. Kennyjohn Syiemlieh

5. Tanborlang Puwein
6. Phaiborlang Paliar
7. Ebenezer Ryan Nongsiej
8. Ashal Lyngdoh

Winners:

- 1st Position – Maitshaphrang Syiemiong & Kennyjohn Syiemlieh (science and commerce)
- 2nd Position – Ebenezer Ryan Nongsiej & Ashal Lyngdoh(ba.6th)
- 3rd Position - Tanborlang Puwein & Phaiborlang Paliar(ba. 2nd)

Flowers Arrangement

1. Vacilica Dkhar
2. Balarihun Syiemshangoi
3. Merli Benette
4. Rishakordor Kharjahrin
5. Cleverjohn Iawphniaw
6. Banrihun Lyngdoh Lyngkhoi
7. Priya Riangshiang

Winners

- 1st Position – Vacilica Dkhar & Balarihun Syiemshangoi (ba 2nd sem)
- 2nd Position – Merli Benette & Rishakordor Kharjahrin(ba 2nd sem)
- 3rd Position – Cleverjohn Iawphniaw (science and commerce 2nd sem)
- 3rd Position – Banrihun Lyngdoh Lyngkhoi & Priya Riangshiang (science and commerce 2nd sem)

Obstacle Race

Women:

1. Phibasharai Marngar
2. Daphishisha Marngar
3. Wanda Nongkseh
4. Rebika Jyndiang
5. Iawanlang Nongrum
6. Ribiniaw Nongphud
7. Larihun Rngaid
8. Monjoyfull Dkhar

Winners:

1st Position: Phibasharai MARngar (science and commerce
6th sem)

2nd Position : Larihun Rngaid (science and commerce)

3rd Position: Daphishisha Marngar (ba 4th sem)

Men:

1. Samuel Mawlieh
2. Aishin D. Shira
3. Yangki Mawlieh
4. Treze Lyngdoh Lyngkhoi
5. Medonryngkat Nongsiej
6. Skhemwell Wanniang
7. Treibor Khar Musulman
8. Worningstar Wanniang

Winners:

1st Position: Warningstar Wanniang (ba 6th sem)

2nd Position: Treze Lyngdoh Lyngkhoi(ba 6th sem)

3rd Position: Treibor Khar Musulman. (science and commerce)

Carrom Board

Doubles(Men)

1. Skhemborlang Mawsor
2. Littlestar L. Lyngkhoi
3. Diborles Syiemlieh
4. Skhemwell Wanniang
5. Elnistar Ryntong
6. Donkupar Ryntong
7. Bakmenlang Marwein
8. Ebenezar Ryan Nongsiej
9. Steven Hard Syiemiong
10. Kitbor Nongphlang
11. Markstone Marwein
12. Lumlang Lyngkhoi
13. Pynshai Rongrin
14. Balajied Shiji
15. Shadius Shyrkon
16. Tanborlang Puwein
17. Treiborlang Khar Musulman
18. Ikhrawbor Thongni
19. Dilsang A.Sangma
20. Togan N. Sangma
21. Wanbok Hahshah
22. Kyrshaibor Nongtraw
23. Wanshailang Puwein
24. Donkupar Ryntong

Winners:

1st Position: Dilsang A.Sangma and Togan N. Sangma (ba 4th sem)

2nd Position: Wanbok Hahshah and DONkupar Ryntong(ba 6th sem)

3rd Position: Kyrshaibor Nongtraw and Wanshailang Puwein (science and commerce 2nd sem)

Singles(Men)

1. Lipston DIengngan
2. SKhemborlang MAwsor
3. Kyrshanborlang Byrsat
4. Balajied L.Shiji
5. Pynshailang Rongrin
6. Ripurlang Dkhar
7. Alex John Sohlangpiaw
8. Respectson Nongkseh
9. Wallamkupar Dkhar
10. Rimery K. Musulman
11. Shemphrangsngi Rani
12. Kinderstar Lyngkhoi
13. Greeting Borason Snaitang
14. Selbius Riangshiang
15. Pibarius K. Dewsaw
16. Steven Hard Syiemiong
17. Kitbor Nanglong
18. Bankitlang Syiemlieh
19. Ricky Frankson Rani
20. Kyrshan Kupar Tympuin
21. Mebanjop Sohshang
22. Lawanpyndap Nongrum
23. Kyrshaibor Nongtraw
24. Pynthymmaibor Nongtraw
25. Banshailang Puwein

26. Treiborlang K. Musulman
27. Pynshailang Syiemlieh
28. Ikhrawbor Thongni

Winners Singles (Men)

1st Position: Greetingborson Snaitang (science and commerce)

2nd Position: Treiborlang Khar Musulman (sc and commerce)

3rd Position: Shemphrangsngi Rani (ba 4th sem)

Doubles (Women)

1. Badashisha Lyngkhoi
2. Samanda MArngar
3. Barisha Ryntathiang
4. Badarisha L. Nonglait
5. Willingness MArngar
6. Caralinda Mawlieh
7. Risuklang L. Peinlang
8. Aihunlang Nongsiej
9. Iawanlang Nongrum
10. Zennia Jane Marwein
11. Badawanshwa Dkhar
12. Ridiolin Dkhar

Winners:

1st Position : Samanda Marngar and Badashisha Lyngkhoi (ba 2nd sem)

2nd position: Iawanlang Nongrum and Zennia Jane Marwein (ba 4th sem)

3rd Position: Risuklang L. Peinlang and Aihunlang Nongsiej (ba 4th sem)

Singles(Women)

1. Badarisha Lyngdoh Nonglait
2. Enisha Nongkhar
3. Sunita Nongsiej
4. Darilin Sohshang
5. Banrihun Sohshang
6. Alvency Nongsiej
7. Zennia Jane Marwein
8. Iawanlang Nongrum
9. Caralinda Mawlieh
10. Willingness Marngar
11. Badashisha Lyngkhoi
12. Samanda MARngar

Winners:

1st position: Badarisha L. Nonglait (sc and commerce)

2nd position: Samanda Marngar (ba 2nd sem)

3rd position: Iawanlang Nongrum(ba 4th sem)

Skit Competition:

1. Apprecia Nongsiej
2. Kevin Owen Wahlang
3. Indamanbha Wanniang
4. Russel Kynshikhar
5. Risaman Sungoh

Winners:

Science and commerce 4th semester

1. Apprecia Nongsiej
2. Kevin Owen Wahlang
3. Indamanbha Wanniang

4. Russel Kynshikhar
5. Risaman Sungoh.

Basketball (Women)

B.A 2nd Semester

1. Larisha Marbaniang
2. Phibadondor Thongni
3. Olivia Kharsyntiew
4. Enisha Iawphniaw
5. Silindamery Lyngdoh
6. Mojoyphul Dkhar
7. Rebeka Jyndiang
8. Larihun Kharsyntiew
9. Badashisha Lyngkhoi.

B.a 4th Semester:

1. Alvency Nongsiej
2. Pynkmen Dkhar
3. Zennia Jane Marwein
4. Iawanlang Nongrum
5. Darikynti Lyngkhoi
6. Babianghun PAriong
7. Resha Rynniaw
8. Barisha Myrthong
9. Niwanshwa Nongbri
10. Idashisha Marwein.

B.A 6th Semester:

1. Wanshailin Rongrin
2. Diamond Mawsor
3. Pynshailin Nongbak

4. Wandashisha Thongni
5. Riboklang Iawphniaw
6. Laveena Byrsat
7. Anjola Nongsiej
8. Badari Kharkongor
9. Wanda Nongkseh
10. Icyhun thyrniang

Science and Commerce:

1. Kynjaihalari Thabah
2. Balarisha Lyngdoh Marshillong
3. Apprecia Nongsiej
4. Dioderis Nongsiang
5. Enisha Nongdhar
6. Lamonlin Wanniang
7. Badarisha L.Nonglait
8. Amlaris Diengngan.

Winners:

1st position: B.a 2nd Semester

1. Larisha Marbaniang
2. Phibadondor Thongni
3. Olivia Kharsyntiew
4. Enisha Iawphniaw
5. Silindamery Lyngdoh
6. Mojoyphul Dkhar
7. Rebeka Jyndiang
8. Larihun Kharsyntiew
9. Badashisha Lyngkhoi.

Runners up: B.a 4th Semester:

1. Alvency Nongsiej
2. Pynkmen D'khar
3. Zennia Jane Marwein
4. Iawanlang Nongrum
5. Darikynti Lyngkhoi
6. Babianghun PAriong
7. Resha Rynniaw
8. Barisha Myrthong
9. Niwanshwa Nongbri
10. Idashisha Marwein.

Basketball (Men)

B.a 2nd semester:

1. Gabriel C.G Marngar
2. Stardius Shyrkon
3. Shainingstar Nonglang
4. Sheenman MAwlong
5. Biangsuklang Kharlyngdoh
6. Steven best Syiemiong
7. Lipston Diengngan
8. Tanborlang Puwein
9. Shaiborlin Nongsiej
10. Johny June Marshra.

B.a 4th Semester:

1. Kynsailang Swangre
2. Vicky Wahlang
3. Banjoplang Wanniang
4. Yanky MAwlieh
5. Colinjohn Marwein
6. Diniush R. Marak

7. Skhemborlang Mawsor

B.a 6th Semester:

1. Lurshailang Syiem
2. Colin Iawphniaw
3. Eddie Sell Marwein
4. Judy Marwein
5. Lambert Wahlang
6. Richardboklang Syiem
7. Silas Lyngdoh
8. Bantei Marshillong.

Science and Commerce:

1. Leo Paldo Sangriang
2. Pynshait Nongrem
3. Bob Marak
4. Treibor K
5. Keny John Syiemlieh
6. Dibastar
7. Ikhrawbor Thongni

Winners:

B.a 6th Semester:

1. Lurshailang Syiem
2. Colin Iawphniaw
3. Eddie Sell Marwein
4. Judy Marwein
5. Lambert Wahlang
6. Richardboklang Syiem
7. Silas Lyngdoh
8. Bantei Marshillong.

Runners up:

B.a 4th Semester:

1. Kynsailang Swangre
2. Vicky Wahlang
3. Banjoplang Wanniang
4. Yanky Mawlieh
5. Colinjohn Marwein
6. Diniush R. Marak
7. Skhemborlang Mawsor

Marathon:

Winners(Women)

1st Position Enocensia Tympuin (ba 2nd sem)

2nd Position: Rebeka Jyndiang(ba 4th sem)

3rd position: Monjoyful Dkhar(ba 2nd sem)

Winners(Men)

1st position: Banjoplang Wanniang (ba 4th sem)

2nd position : Skhemwell Wanniang (ba 2nd sem)

3rd position: Selestine Tympuin (ba 6th sem)

Volleyball

Men:

B.a 2nd Semester:

1. Bhakupar Sohmad
2. Dibarless Syiemlieh
3. Skhemwell Wanniang
4. Nebalson Marngar
5. Pyndaplang Sangriang

6. Evenstar Hoojon
7. Lipston Diengngan
8. Shadus Shyrkon
9. Phrangsngi Amana
10. Jonyjune Marshra

B.a 4th Semester:

1. Donbakstar Puwein
2. Seneyangzu R. Marak
3. Preniarth Sangma
4. Donkumar Rani
5. Skhemborlang Mawsor
6. Kynshailang Swangre
7. Janaikumar Thongni
8. Joash S. Marak
9. Deniush R. Sangma

B.a 6th Semester:

1. Elnistar Ryntong
2. Donkumar Ryntong
3. Ahnariash A. Marak
4. Dissang A. Sangma
5. Balajied Nongkynrih
6. Prolastis Riangshiang
7. Johnkenedy K. MARak
8. Bartomiush Marak
9. Silvester Mawlong
10. Nasar Hahshah

Science and Commerce:

1. Selbius Riangshiang
2. Decirius Dkhar
3. Pynshaitbor Nongrem

4. Bobrafel Mak
5. Leo Paldo Sangriang
6. Lurstep Nonglang
7. Maitar kupar Syiem
8. Restundar Paliar
9. Debastar Marbaniang
10. Ledarius Lyngkhoi.

Winners:

Ba. 6th Semester

1. Elnistar Ryntong
2. Donkupas Ryntong
3. Ahnariash A. Marak
4. Dissang A. Sangma
5. Balajied Nongkynrih
6. Prolastis Riangshiang
7. Johnkenedy K. Marak
8. Bartomiush Marak
9. Silvester Mawlong

Runners up:

Science and Commerce:

1. Selbius Riangshiang
2. Decirius Dkhar
3. Pynshaitbor Nongrem
4. Bobrafel Mak
5. Leo Paldo Sangriang
6. Lurstep Nonglang
7. Maitar kupar Syiem
8. Restundar Paliar
9. Debastar Marbaniang
10. Ledarius Lyngkhoi.

Volleyball (Women)

Ba.2nd Semester

1. Monjoyful DKhar
2. Rebeka Jyndiang
3. Larihun Khardewsaw
4. Graceful Myrthong

B.a 4th Semester

1. Darikynti Lyngkhoi
2. Nobility K. Bani
3. Pynkmen Dkhar
4. Iawanlang Nongrum
5. ALvency Nongsiej
6. Zennia June MArwein
7. Resha Rynniaw
8. Barisha Marthong
9. Babianghun PAriong
10. Sunita Nongsiej

B.a 6th Semester:

1. Daiamond Mawsor
2. Pynshailin Nongbak
3. Wanshailin Rongrin
4. Ladianglin Lyngkhoi
5. Ribiniew Nongphud
6. Wanda Nongkseh
7. Riboklang Iawphniaw
8. Badari Kharkongor
9. Ashal Lyngdoh
10. Icyhun Thyрниang

Science and Commerce:

1. Banrisuk Diengngan
2. Amlaris Diengngan
3. Ribahunshisha Sanglyne
4. Anisha Nongkhar
5. Lamonlin Wanniang
6. Ibakordor Nongkseh
7. Risbiolin Dkhar
8. Badawanshwa Dkhar
9. Badarisha L. Nonglait

Winners:

B.a 4th Semester

1. Darikynti Lyngkhoi
2. Nobility K. Bani
3. Pynkmen Dkhar
4. Iawanlang Nongrum
5. Alvency Nongsiej
6. Zennia Jane MARwein
7. Resha Rynniaw
8. Barisha Marthong
9. Babianghun PARiong
10. Sunita Nongsiej
11. Niwanshwa Nongbri

Runners up:

Science and commerce:

1. Banrisuk Diengngan
2. Amlaris Diengngan
3. Ribahunshisha Sanglyne
4. Enisha Nongkhar
5. Lamonlin Wanniang
6. Ibakordor Nongkseh

7. Risbiolin Dkhar
8. Badawanshwa Dkhar
9. Badarisha L. Nonglait

Dancing

Solo (women)

1. Badawanshwa DKhar
2. Ibanylla L. Marshillong
3. Rosemary Sohshang
4. Effy Lyngkhoi
5. Prettysha Marngar

Winners:

1st position: Prettysha Marngar (ba 6th sem)

2nd position: Effy Lyngkhoi ba 4th sem

3rd position: Ibanylla L. Marshillong ba 2nd sem

Group dance (Women)

Science and Commerce:

1. Priya Rynshiang
2. Rishalin WAnniang
3. Daphishisha Marthong
4. Subita J. Marak

B.a 6th Semester

1. Ibansuk Nongsiang
2. Albarina Nongsiang
3. Ashalmdis Lyngdoh Marshillong
4. Lisamery SNaitang
5. Kusima K. Marak
6. Wanda Nongkseh

B.a 2nd Semester

1. Miracle Kharbani
2. Dahun

B.a 4th Semester

1. Niwansha Nongbri
2. Babiang Pariong
3. Rikynti Ryntathiang
4. Ibansara Nongsiang
5. Ritalin Jyndiang
6. Reasemy Sohshang

Winners:

1st Position: B.a 6th semester

1. Ibansuk Nongsiang
2. Albarina Nongsiang
3. Ashalmdis Lyngdoh Marshillong
4. Lisamery SNaitang
5. Kusima K. Marak
6. Wanda Nongkseh

2nd Position:

Science and commerce:

1. Priya Rynshiang
2. Rishalin Wanniang
3. Daphishisha Marthong
4. Subita J. Marak

3rd position:

B.a 4th Semester

1. Niwansha Nongbri

2. Babiang Pariong
3. Rikynti Ryntathiang
4. Ibansara Nongsiang
5. Ritalin Jyndiang
6. Reasemy Sohshang

Football

Women

B.a 2nd semester:

1. Samanda Marngar
2. Badashisha Lyngkhoi
3. Dahunshisha Marwein
4. Larihun K. Syntiew
5. Rebeka Jyndiang
6. Gracefull Myrthong
7. Inocencia Tympuin
8. Pyntngen L. Marshillong
9. Monjoyphul dkhar
10. Wanda Ryntong
11. Gracefullness Marthong

B.a 4th Semester

1. Bakmen thabah
2. Babianghun Pariong
3. Darikynti Lyngkhoi
4. Niwanshwa Nongbri
5. Nobility Khar bani
6. Wanrihun Lyngdoh Nonglait
7. Idashisha Marwein
8. Ibanylla Mawsor
9. Ribasuk L. Lyngkhoi

10. Ritolang Khar bani
11. Rilarympei Nongdkhar
12. Resha Rynniaw
13. Barisha Myrthong
14. Iawanlang Nongrum
15. Zenia Jane Marwein

B.a 6th Semester:

1. Wanshailin Rongrin
2. Pynshailin Nongbak
3. Daiamond MAwsor
4. Badari K Kongor
5. Wanda Pyntngen
6. Initial Shangdiar
7. Ladianghun Lyngkhoi
8. Banisha WAnniang
9. Ibapdianghun Nongrum
10. Ribiniew Nongphud
11. Nobelty L. Nonglait.

Science and Commerce:

1. Barisha Ryntathiang
2. Lamonlin Wanniang
3. Badawanshwa Dkhar
4. Apricia Nongsiej
5. Balarisha Lyngdoh
6. Willingness MArngar
7. Aibadalin Jyrwa
8. Shimtilang Lyngkhoi
9. Rilaakor Myrthong
10. Daia Nongrem
11. Emisha Nongkhar
12. Banrisuk Diengngan

13. Synjuklang Ryntathiang
14. Larihun Rngaid

Winners:

1st position:

B.a 2nd semester:

1. Samanda Marngar
16. Badashisha Lyngkhoi
17. Dahunshisha Marwein
18. Larihun K. Syntiew
19. Rebeka Jyndiang
20. Gracefull Myrthong
21. Inocencia Tympuin
22. Pyntngen L. Marshillong
23. Monjoyphul dkhar
24. Wanda Ryntong
25. Gracefullness Marthong

Runners up:

B.a 4th Semester

1. Bakmen thabah
1. Babianghun Pariong
2. Darikynti Lyngkhoi
3. Niwanshwa Nongbri
4. Nobility Khar bani
5. Wanrihun Lyngdoh Nonglait
6. Idashisha Marwein
7. Ibanylla Mawsor
8. Ribasuk L. Lyngkhoi
9. Rartilang Khar bani

10. Rilaritympei Nongdkhar
11. Resha Rynniaw
12. Barisha Myrthong
13. Iawanlang Nongrum
14. Zenia Jane Marwein

Football (Men)

B.a 2nd Semester:

1. Shaipharlin Nongsiang
2. Jenijune Marshra
3. Sankupar Thongni
4. Vividness Syiemlieh
5. Silastar Puwein
6. Evershine Khar bani
7. Pynbianglang Khar syntiew
8. Devency Marngar
9. Badonbor Rongrin
10. Ryngkatdor Lyngkhoi
11. Aiborlang Kharmusulman
12. Nangmanroi Syiem
13. Skhemwell Wanniang
14. Lasperius Areng

B.a 4th Semester:

1. Kitboklang Syiemlieh
2. Damebanker Marwein
3. Skhemborlang Mawsor
4. Aishan MArbaniang
5. Welborn Marthong
6. Enardo Lyngkhoi
7. Kenedy Kharsyntiew
8. Shemphang Kharbani

9. Afterson Marwein
10. Mackiven Shyrkon
11. Wantiplang Syiem
12. Sambor Dkhar
13. J. Langrin
14. Kynshailang Swengre
15. Mewan Donald Nongsiej

B.a 6th Semester:

1. Laitphang John Lyngkhoi
2. Wanshimbok Marngar
3. Eddiebirth Marwein
4. Lumphar Hoojon
5. Shaipyrkhat Thyrniang
6. Marshall Lyngkhoi
7. Bona Syiemlieh
8. Jamewillson K. Bani
9. Debanroy Thongni
10. Jiedlang Myrthong
11. Silas Mawnai
12. Teibok Rmen
13. Jamebert Iawphniaw
14. Khlainkupar Thongni

Science and Commerce:

1. Debastar Marbaniang
2. Leopauldo Sangriang
3. Ikhrawbor Thongni
4. Pynthymmai bor
5. Kyrshanbor Nongtraw
6. Lurstep Nonglang
7. Pynshaitbor Nongrem
8. Albert Lyngdoh

9. Roberstarwell Nongslang
10. Bankitbok Iawphniaw
11. Johny Rongrin
12. Kitborlin Sangriang
13. Treibor Kharmusulman

Winners:

1st position:

B.a 6th Semester:

1. Laitphang John Lyngkhoi
2. Wanshimbok Marngar
3. Eddiebirth Marwein
4. Lumphar Hoojon
5. Shaipyrkhat Thyрниang
6. Marshall Lyngkhoi
7. Bona Syiemlieh
8. Jamewillson K. Bani
9. Debanroy Thongni
10. Jiedlang Myrthong
11. Silas Mawnai
12. Teibok Rmen
13. Jamebert Iawphniaw
14. Khlainkumar Thongni

Runners up:

B.a 4th Semester:

1. Kitboklang Syiemlieh
2. Damebanker Marwein
3. Skhemborlang Mawsor
4. Aishan Marbaniang
5. Welborn Marthong

6. Enardo Lyngkhoi
7. Kenedy Kharsyntiew
8. Shemphang Kharbani
9. Afterson Marwein
10. Mackiven Shyrkon
11. Wantiplang Syiem
12. Sambor Dkhar
13. J. Langrin
14. Kynshailang Swengre
15. Mewan Donald Nongsiej

Extempore Speech:

1. Ribashisha Lyngkhoi
2. Medonryngkat Nongsiej
3. Ibadonbokshisha Marwein
4. Apprecia Nongsiej
5. Teibor Nongsiej
6. Cleverjohn Iawphniaw

Winners:

1st position: Ibadonbokshisha Marwein (ba 6th sem)

2nd position: Apprecia Nongsiej (sc and comm. 4th sem)

3rd position: Cleverjohn Iawphniaw. (sc and comm. 2nd sem.)

Painting

1. Rishalin WAnniang
2. Wandarihun Sanglyne
3. Medonryngkat Nongsiej
4. Priya Riangshiang
5. Baiada Akor Marwein
6. Rusel Kynshikhar
7. Ladianghunshisha Lyngkhoi

Winners:

1st position: Ladianghunshisha Lyngkhoi (ba 6th sem)

2nd position: Baiada Akor Marwein (ba 4th sem)

3rd position: Rusel Kynshikhar (sc and comm. 2nd sem)

Weight Lifting

Men

1. Edmund Sohshang
2. Shadius Shyrkon
3. Eric Nathan Rymbai
4. Ambor Sangriang
5. Kynshailang Swangre
6. Donkupar Ryntong
7. Sirbestar Mawlong
8. David Iawren
9. Joiningstar Langrin
10. Kevin Wahlang
11. Lurstep Nonglang
12. Samborlang Shangdiar
13. Skhemborlang Mawsor
14. Banraplang Wanniang

Winners:

1st position: Joiningstar Langrin (170kg) (ba 4th sem)

2nd position: Banraplang Wanniang(160 kg) (sc and comm. 2nd sem)

3rd position: Samborlang Shangdiar (150kg) (sc and comm. 2nd sem)

Women:

1. Niwansha Nongbri
2. Indamanbha Wanniang

3. Aihunlang Nongsiej
4. Balarisha L. Marshillong
5. Larihun Rngaid
6. Wanda Nongkseh
7. Williness Marngar
8. Badashisha Lyngkhoi

Winners:

1st position: Willines Marngar (100kg) (sc and comm. 6th sem)

2nd position: Wanda Nongkseh(100kg 2nd chance) (ba 6th sem)

3rd position: Indamanbha Wanniang (90kg) (sc and comm. 6th sem)

100 meters race

Men:

1. Vicky Wahlang
2. Dibastar Marbaniang
3. Mackiven Shyrkon
4. Shaipharlin Nongsiej
5. Eddiebell Marwein
6. Eric Rymbai

Winners:

1st: Dibastar Marbaniang(sc and comm.)

2nd: Shaipharlin Nongsiej (ba 2nd sem)

3rd: Eddiebell Marwein (ba 6thsem)

Women:

1. Monjoyful Dkhar
2. Phibarisuk Rynshiang
3. Inocencia tympuin

4. Wanda Nongkseh
5. Zennia Jane Marwein
6. Phila Syiemlieh

Winners:

1st: Inocencia tympuin ba 2nd sem

2nd : Monjoyful Dkhar ba 2nd sem

3rd : Phibarisuk Rynshiang ba 4th sem.

200 meters race:

Men:

1. Vicky Wahlang
2. Jenijune Marshra
3. Donald Nongtnger
4. Selestin Tympuin
5. Leopaldo Sangriang
6. Haibidon Shianglong

Winners:

1st: Vicky Wahlang ba 4th sem

2nd: Donald Nongtnger ba 6th

3rd : Selestin Tympuin ba 6th

Women:

1. Monjoyful Dkhar
2. Inocencia tympuin
3. Wanda Nongkseh
4. Zennia Jane Marwein
5. Phila Syiemlieh
6. Wanda Ryntong

Winners:

1st Monjoyful dkhar ba 2nd sem

2nd Inocenia tympuin ba 2nd sem

3rd Phila Syiemlieh ba 4th sem

Shot put

Men:

Kilningstar Wanniang

Bona syiemlieh

Donkumar Ryntong

Khraw Puwein

Elnistar Ryntong

Pyndaplang Sangriang

Leopaldo Sangriang

Restundar Palair

Shadius Shyrkon

Teibor Nongsiej

Filbert Dkhar

Ambor Sangriang

Lambok K.Dewsaw

Kynshailang Swangre

Dibarness Syiemlieh

Joiningstar Langrin

Bankitlang Syiemlieh

Biangsuklang Kharlyngdoh

Damebanker Marwein

Mackiven Shyrkon

Phaibor Paliar

Hawandonal Nongsiej

Wanshem Mawsor

. Winners:

1st position: Damebanker MARwein 4th Semester ba

2nd position: Hawandonal Nongsiej 4th semester ba

3rd position: Filbert Dkhar 6th semester ba

Women:

1. Wanda Nongkseh
2. Ribiniew Nongphud
3. Pynshailin Nongbak
4. Icyhun Thyрниang
5. Aihun NOngsiej
6. Rilaritympei Nongdkhar
7. Indamanbha WAnniang
8. Diana Khar Syiemlieh
9. Niwanshwa Nongbri
10. Alvency Nongsiej
11. Iawanlang Nongrum
12. Graceful Myrthong
13. Monjoyful Dkhar

Winners:

1st position: Monjoyful Dkhar ba 2nd sem

2nd position: graceful Myrthong 2nd sem ba

3rd position: Iawanlang Nongrum ba 4th sem

Javelin throw

Men:

1. Kitbok Syiemlieh
2. Damebanker Marwein
3. Wellbornson Marthong
4. Mackiven Shyrkon
5. Shinman Mawlong
6. Jenijune Marshra
7. Haibidon shianglong
8. Wanbok Hahshah
9. Elnistar Ryntong
10. Donkumar Ryntong
11. Khraw Puwein
12. Littlestar L. Lyngkhoi
13. Cleverson MArbaniang
14. Pyndaplang Sangriang
15. Lamboklang K.Dewsaw
16. Ambor Sangriang
17. Lambert K bani
18. Shadius Shyrkon
19. Niewkorlang Dkhar
20. Restundar Paliar
21. Leoplado Sangriang
22. Bona syiemlieh
23. Pibarius K.Dewsaw
24. Dibastar Marbaniang

25. Teibor Nongsiej
26. Gabriel Marngar
27. Tyngshain K. Bani
28. Shaipharlin Nongsiej
29. Jameswillson K.Bani
30. Lumpharlin Hoojon
31. Silas Mawnai
32. Selestin Tympuin
33. Kilnikstar Wanniang
34. Hamel Lyngdoh Marshillong
35. Badondor Rongrin
36. Kyrshailin Swangre
37. Warningstar Wanniang
38. Pynshailang Marthong
39. Lipston Diengngan

Winners:

1st position: Shaipharlin Nongsiej ba 2nd sem

2nd position: Damebanker MArwein ba 4th sem

3rd position: Bona Syiemlieh ba 6th sem

Javelin throw:

1. Barisha Marthong
2. Pynkmen Dkhar
3. Pynshailin Nongbak

Winners:

1st position: Barisha Marthong 4th sem ba

2nd position: Pynkmen Dkhar 4th sem ba

3rd position: Pynshailin Nongbak 6th sem ba

Discuss throw

Men:

1. Donkumar Ryntong
2. Khraw Puwein
3. Elnistar Ryntong
4. Badondor Rongrin
5. Jony June Marshra
6. Hamel marbon L. MARshillong
7. Dibarless Syiemlieh
8. Filbert Dkhar
9. Selestin Tympuin
10. Pyndaplang SAngriang
11. Restundar Paliar
12. Shadius Shyrkon
13. Pibarius K.Dewsaw
14. Tyngshain K. Bani
15. Teibor Nongsiej
16. Kynshailang Swangre
17. Kilnistar Wanniang

Winners:

1st position: Filbert Dkhar ba 6th sem

2nd position: Badondor Rongrin ba 2nd sem

3rd position: Tyngshain K.bani (sc and comm. 4th sem)

Women:

1. Nobility khar bani
2. Joyciphul Marwein
3. Banrisuk Diengngan
4. Icyhun Thyрниang
5. Ribiniew Nongphud

6. Pynshailin Nongbak
7. Daiamond Mawsor
8. Gracefull Myrthong
9. Williness Marngar
10. Diana K. Syiemlieh
11. Bibilita Myrthong
12. Indamanbha Wanniang

Winners:

1st position: Indamanbha Wanniang (sc and comm. 6th sem)

2nd position: Monjoyful Dkhar(ba 2nd sem)

3rd position: Barisha Myrthong. Ba 4th sem

800 race:

Men:

1. Banjoplang wanniang
2. Aibanpynshailin nongbri
3. Shainingstar Lyngdoh

Winners

1st position: Banjoplang wanniang – BA 4th Sem

2nd Position: Aibanpynshailin nongbri - BA 4th Sem

3rd position: Shainingstar Lyngdoh – BA 2nd Sem

Women:

1. Innocencia Tympuin
2. Rebeca Jyndiang
3. Aibadalin Jyrwa

Winners

1st position: Innocencia Tympuin – BA 2nd Sem

2nd position: Rebeca Jyndiang - BA 2nd Sem

3rd position: Aibadalin Jyrwa – science and commerce

1500 race:

Men:

1. Banjoplang Wanniang

2. Skhemwell Wanniang

3rd Selestin Tympuin

Winners:

1st position: Banjoplang Wanniang 4th sem ba

2nd position: Skhemwell Wanniang 2nd sem ba

3rd position: Selestin Tympuin 6th sem ba

Women:

1. Inocencia tympuin 2nd sem ba

2. Rebeka Tympuin 2nd sem

3. Diamond Mawsor 6th sem

Winners:

1st position: Inocencia tympuin 2nd sem ba

2nd position: Rebeka Tympuin 2nd sem

3rd position: Diamond Mawsor 6th sem

100x4 Relay race

Men:

1. Vicky Wahlang
2. Wellbornson Marthong
3. Vilbok syiemlieh
4. Damebanker Nonglang
5. Donald Nongtngen
6. Bona Syiemlieh
7. Wanbok Hahshah
8. Eddiebell Marwein
9. Kyrshanbor Nongtraw
10. Dibastar Marbaniang
11. Maitshaphrang Syiemiong
12. Bankitbok Iawphniaw

Winners:

1st position: B.a 4th sem

1. Vicky Wahlang
2. Wellbornson Marthong
3. Vilbok syiemlieh
4. Damebanker Nonglang

2nd position: B.a 6th sem:

1. Donald Nongtngen
2. Bona Syiemlieh
3. Wanbok Hahshah
4. Eddiebell Marwein

3rd position: Science and commerce

1. Kyrshanbor Nongtraw
2. Dibastar Marbaniang
3. Maitshaphrang Syiemiong
4. Bankitbok Iawphniaw

Women:

1. Inocencia Tympuin
2. Gracefull Marthong
3. Rebecca Jyndiang
4. Monjoyful Dkhar
5. Savinity Jyndiang
6. Pynshailin Nongbak
7. Maiantis Jyrwa
8. Diamond Mawsor
9. Apprecia Nongsiej
10. Pyndaplin L. Nonglait
11. Balari L. Nonglait
12. Shimti Lyngkhoi

Winners:

1st position: Ba 2nd semester

1. Inocencia Tympuin
2. Gracefull Marthong
3. Rebecca Jyndiang
4. Monjoyful Dkhar

2nd position: ba 6th semester

1. Savinity Jyndiang
2. Pynshailin Nongbak
3. Maiantis Jyrwa
4. Diamond Mawsor

3rd position: Science and commerce

1. Apprecia Nongsiej
2. Pyndaplin L. Nonglait
3. Balari L. Nonglait
4. Shimti Lyngkhoi

Long jump

Men:

1. Dibastar Marbaniang
2. Kynshailang Swangre
3. Vicky Wahlang

Winners:

- 1st position: Dibastar Marbaniang (science and commerce)
2nd position: Kynshailang Swangre (4th sem ba)
3rd position: Vicky Wahlang (4th sem ba)

Women:

1. Savity Jyndiang
2. Pynkmen Dkhar
3. Graceful Myrthong

Winners:

- 1st position: Savity Jyndiang (ba 6th sem)
4. 2nd position: Pynkmen Dkhar (ba 4th sem)
5. 3rd position: Graceful Myrthong (ba 2nd sem)

Tug of war

Men:

1. Shandrabos Lyngdoh
2. Mackevin Shyrkon
3. Banraplang Khardewsaw

4. Joiningstar Langrin
5. Bobystone Marshra
6. Havandonald Nongsiej
7. Jelbatson Nongdkhar
8. Kynshailang Swangre
9. Respectson Nongkseh
10. Damebanker marwein
11. Dibarless Syiemlieh
12. Lipston Diengngan
13. Pyndaplang Sangriang
14. Shainingstar Lyngdoh
15. Phaiborlin Paliar
16. Wanshemnam Mawsor
17. Bankitlang Syiemlieh
18. Pynwanborlang Kharbani
19. Nabalson Marngar
20. Haibidan Shianglong

Winners

Men: BA 4th Sem

1. Shandrabos Lyngdoh
2. Mackevin Shyrkon
3. Banraplang Khardewsaw
4. Joiningstar Langrin
5. Bobystone Marshra
6. Havandonald Nongsiej
7. Jelbatson Nongdkhar
8. Kynshailang Swangre
9. Respectson Nongkseh
10. Damebanker marwein

Runners Up: BA 2nd sem

1. Dibarless Syiemlieh
2. Lipston Diengngan
3. Pyndaplang Sangriang
4. Shainingstar Lyngdoh
5. Phaiborlin Paliar
6. Wanshemnam Mawsor
7. Bankitlang Syiemlieh
8. Pynwanborlang Kharbani
9. Nabalson Marngar
10. Haibidan Shianglong

Women:

1. Badawanshwa Dkhar
2. Indamanbha wanniang
3. Wiliness marngar
4. Aibadalin Jyrwa
5. Phibasharai marngar
6. Shimtilang lyngkhoi
7. Barihun Wanniang
8. Pyndaplin lyngvdoh nonglait
9. Larihun rngaid
10. Diana kharsyiemlieh
11. Aihunlang nongsiej
12. Rilarympei Nongdkhar
13. Niwanshwa nongbri
14. Babiang pariong
15. Zinnia Jane marwein
16. Alvency nongsiej
17. Joyceful marwein
18. Nobility kharbani
19. Evamerylin marwein
20. Iawanlang nongrum

Winners

1. Badawanshwa Dkhar
2. Indamanbha wanniang
3. Wiliness marngar
4. Aibadalin Jyrwa
5. Phibasharai marngar
6. Shimtilang lyngkhoi
7. Barihun Wanniang
8. Pyndaplin lyngvdoh nonglait
9. Larihun rngaid
10. Diana kharsyiemlieh

Runners Up

1. Aihunlang nongsiej
2. Rilarympei Nongdkhar
3. Niwanshwa nongbri
4. Babiang pariong
5. Zinnia Jane marwein
6. Alvency nongsiej
7. Joycefule marwein
8. Nobility kharbani
9. Evamerylin marwein
10. Iawanlang nongrum

Singing

Solo:

1. Failyful Thongni
2. Lashai Marthong
3. Rida mary Jyrwa

4. Niwanshwa Nongbri
5. Deniush R Sangma
6. Daphilabet K Bani
7. Marksteven Marwein
8. Pynshailang Sohshang
9. Kitboklang Byrsat
10. Double Heart Marbaniang
11. Habanjop Hoojon
12. Wandarihun sanglyne
13. Risaman I Sungoh
14. Lari Akor Nongkseh

Winners:

1st: Rida Mary Jyrwa – BA 2nd Sem

2nd: Daphilabet Nongsiej – BA 4th sem

15. 3rd: Lari Akor Nongkseh – Science & Commerce

DUET

1. Fairlyful Thongni & Lashailang Marthong
2. Alexander Shangoi & Ibanylla Marthong
3. Eric Nathan Rymbai & Silas Mawnai

Winners:

1st: Fairlyful Thongni & Lashailang Marthong – BA 2nd Sem

2nd: Eric Nathan Rymbai & Silas Mawnai – BA 6th Sem

3rd: Alexander Shangoi & Ibanylla Marthong – BA 4th Sem

GROUP

1. Pynshailang & Group
2. Barihun L Lyngkhai & Group

Winners:

1st: Pynshailang & Group –

2nd: Barihun L Lyngkhoi & Group

PAINTING

1st: Ladianghun Shisha Lyngkhoi – BA 6th Sem

2nd: Baiada Akor Marwein – BA 4th Sem

3rd: Rusel Kynshikhar – Science & Commerce

Fancy Dress:

Women:

1. Ridamery Jyrwa
2. Hundashisha Wanniang
3. Apprecia Nongsiej
4. Priya Riangshiang

Winners

1st: Apprecia Nongsiej – Science and Commerce

2nd: Priya Riangshiang - Science and Commerce

3rd: Ridamery Jyrwa – BA 2nd Sem

Mister and Miss Nongstoin College

Men:

1. Pynshailang Sohshang
2. Wanshailang Puwein
3. Lipston Diengngan

Winner : Pynshailang Sohshang – BA 6th Sem

Runners Up

1st: Lipston Diengngan – BA 2nd Sem

2nd: Wanshailang Puwein – Science & Commerce

Women:

1. Endor Wahlang
2. Aitiphul Lyngkhoi
3. Ibadashisha L Nonglait
4. Iwanrikordor Marthong
5. Danosha Nongsiej
6. Phibadondor Thongni
7. Badahunshisha Marbaniang
8. Mebanisha Wahlang
9. Prettysha Marngar

Winner: Iwanrikordor Marthong – BA 4th Sem

Runners Up:

1st: Prettysha Marngar – BA 6th Sem

2nd: Phibadondor Thongni – BA 2nd Sem